

Forage Facts

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DID YOU KNOW?

For every degree drop below -20°C , a cow's energy requirements goes up by 2% to maintain condition. So when the temperature reaches -25°C , a cow requires an extra 10% TDN.

Shop Local this Holiday Season!

By: Katie McLachlan

2020 has been a whirlwind of a year to say the absolute least. Rather than ramble on about how 'unprecedented' and 'different' this year has been, let's focus on how we as a community can get in the spirit of the holidays, and support each other this holiday season.

We love to support our local businesses when it comes to putting on our PCBFA events, whether that is food, coffee, advertising, printing, or anything else we need. This December, we would love for you to support local as well! We have come up with a listing of some of the regions favourite locally owned small businesses and artisans that can help to check some items off of your Christmas shopping list!

Fairview

- The Old Bistro - Locally owned

coffee shop that features locally made art, ranging from leather work, to pottery, to paintings. We also highly recommend their chai tea lattes!

- Elements the Compass of Health - Health & wellness center, featuring a consignment market with items ranging from crochet and home decor to holistic bath and body products.

Grimshaw

- Riverside Ranch Decor - Rustic country and contemporary home decor, gift ware & antiques.
- Raediance Florist & Gift Shop - local florist, featuring several local vendor ranging from soaps, to scarfs and beard care to baby booties.

High Prairie

- Fresh Inspirations Coffee Bar - Coffee shop featuring local art, home decor, and bath and body items. We also suggest grabbing a cappuccino while you are



Welcome back Liisa!

Liisa returned from maternity leave on November 16th as PCBFA's Executive Director!

She will be working remotely until May. She can be reached by emailing liisa@pcbfa.ca or call or text 780-394-7419

there!

- Grassroots Art & Craft - located in the High Prairie Museum, Grassroots features pieces by local artists ranging from woodwork, to paintings, to stone carving and more!

Peace River

- Mint Health + Drugs - Features pop-up shops by local artists, and maintains stock of locally made jewelry, bath & body items, clothing and home decor.
- Peace River Museum Gift Shop - Showcasing local artisans, clothing, ornaments, and more.

Sexsmith

- Don't be Chy Boutique - Salon featuring an assortment of locally made home decor, kitchen ware, and fashion.

There are of course, many more great local vendors and makers with an on-line presence! We highly recommend checking out your local Facebook groups to connect with more local makers.

Have a hard to shop for rancher in the family? (I have one who only wants a post pounder for Christmas!) I recommend renewing their PCBFA membership by visiting peacecountrybeef.ca/membership! Gift certificates to places like the TP Country Store in Teepee Creek, or your local vet clinic, are also appreciated by the rancher in your life. Stuff their stockings with a bag of coffee beans from Wapiti Bean Co or Ol' Smokes Coffee in Grande Prairie, and a good pair of gloves and a warm touque



from Mad Dog Cresting in Fairview.

I bet your friends would really love a meal from a local restaurant! Some of our favourite locally owned restaurants include Soups in Beaverlodge, Boondocks in High Prairie, Tall Timber Coffee Corporation in Valleyview, The Butter Chicken Co in Fairview, Board & Barrel in Peace River, and Better Than Fred's in Grande Prairie to name a few.

And we can't forget about the neighbours! They would probably love some goodies like Crooked Creek Donuts, or some sweet treats from the Bear Country Inn in Wanham, or even a grilling box from Jackknife Creek Land & Cattle in Manning or The Homestead from Demmit!

Some folks have been hit very hard by the COVID-19 situation, and our local food banks are busier than ever! If you can, please consider donating to your local food bank this holiday season and help make someones Christmas a bit less stressful. Visit foodbanksalberta.ca to find information about donation guidelines for your local food bank.

We wish you the happiest of holidays, and a healthy, happy new year!

Thank You to the PCBFA Board of Directors

Preston Basnett
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Robbie Hale
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Dan Martin
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Mackay Ross

Do You Have Project or Workshop Ideas?

We are always looking for ideas! Give us a call!

PCBFA Member Perks:

- Two Free Feed Tests Per Year
- Ration Balancing Assistance
- CAP Application Assistance
- Environmental Farm Plans
- Scale & Tag Reader Available for Member Use
- Soil & Water Quality Testing

Thank You to Our Municipal Partners

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Soil Health Academy Registration Opens Soon!



Mark your calendars for July 14th, 15th & 16th! We have teamed up with the North Peace Applied Research Association and the Mackenzie Applied Research Association to bring the Soil Health Academy north!


Get your hands in the soil and learn from Gabe Brown, Ray Archuleta, Dr. Allen Williams and Shane New, how to incorporate soil health principles on your individual farm or ranch.

Take homes from this course include learning how to work with nature, regenerate your soils, determine resource concerns, design cover crop mixes, increase your farm's resilience, adaptive grazing, and more!


Cost for the entire school is \$1,200 per person. Registration opens on World Soils Day, Saturday, December 5th. Please call Johana at 780-523-4033 to register.

Looking for support? This course qualifies for the Grant Gaschnitz Memorial Ag Knowledge Sponsorship. For information on applying for this sponsorship, please visit peacecountrybeef.ca/memorial-scholarship Deadline to apply for this sponsorship is January 1, 2021.


PEACE COUNTRY SOIL HEALTH ACADEMY SCHOOL




Gabe Brown



Ray Archuleta



Allen Williams




Shane New

Who Should Attend?
Anyone that wants to take their farm/ranch to the next level. Taught by highly experienced & regenerative farmers, this course will examine all aspects of regenerative farming and ranching, soil health, plant health and animal health. Hands-on experience will be heavily emphasized. This is a power-packed 3 day experience that will change how your farm or ranch can fully integrate the principles of regenerative agriculture and be profitable. Participants will work in teams to solve real life problems and sharpen their skills.


Learn How To:

- Work with nature
- Pest and disease control through biodiversity
- Regenerate your soils to fuel higher profits
- Increase your farm's resilience
- Properly test soils to cut input costs
- Integrate livestock to increase profitability and enhance ecosystem function
- Determine your resource concerns
- Adaptive grazing to increase profitability
- Design cover crop mixes to address those resource concerns


DATES: JULY 14, 15 & 16, 2021
LOCATION: NPARA Research Farm, Manning, AB (ample room for camping)
COST: \$1200 PER PERSON (includes 3 lunches, snacks & evening barbecue)
 For more information & to register contact:



780-836-3354
npara.ca



780-523-4033
peacecountrybeef.ca



780-927-3776
mackenzie-research.ca

Merry Christmas!

Please be advised that PCBFA Offices will be closed through the Christmas season, starting on Friday, December 25th. We will be back in the office on Monday, January 4th

Event	Date & Time	Location
Calving Clinic Virtual Presentation on Fetal Loss with Dr. Erin Zachar	December 9th 7pm	Online via Zoom
Peace Country Soil Health Academy with Gabe Brown, Ray Archuleta, Dr. Allen Williams & Shane New	July 14th, 15th & 16th Registration Opens December 5th!	NPARA Research Farm, Manning \$1,200/Person \$300 Deposit to Hold Your Spot
<p><i>AHS & Local Guidelines will be followed at in-person events.</i></p> <p><i>For More Information & to Register:</i></p> <p><i>Visit peacecountrybeef.ca/upcoming-events or Call 780-523-4033</i></p>		

Thank You to Our Corporate Sponsors

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PCBFA receives funding from the Government of Alberta



Congratulations to Monika, Mike, Carter & Jared Benoit on the arrival of **IT'S A GIRL!** Emily Rita on Monday, November 23rd at 7lbs, 10 oz, 20" long.

Everyone is happy and healthy!

Contact Our Team!

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